



living in a fog?

we can help.



Cancer diagnosis and treatment can leave you feeling like you're in a mental fog.

Some call it "chemo fog", or "chemo brain". Some call it a nuisance, while others call it incapacitating. Some call Maximum Capacity, because we can help.

At Maximum Capacity: Strategies for Cognitive Enhancement, we offer programs which help you to improve the way you think, feel and function. Developed by Dr. Heather Palmer, our evidence-based techniques and strategies are taught in an informative, fun, and interactive way.

Go on, clear the fog. For sunny days ahead contact us today.



strategies for cognitive enhancement

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